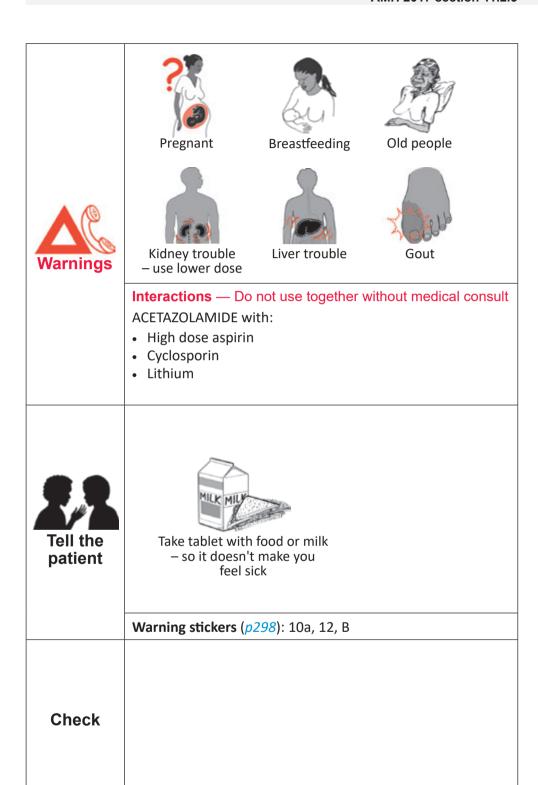
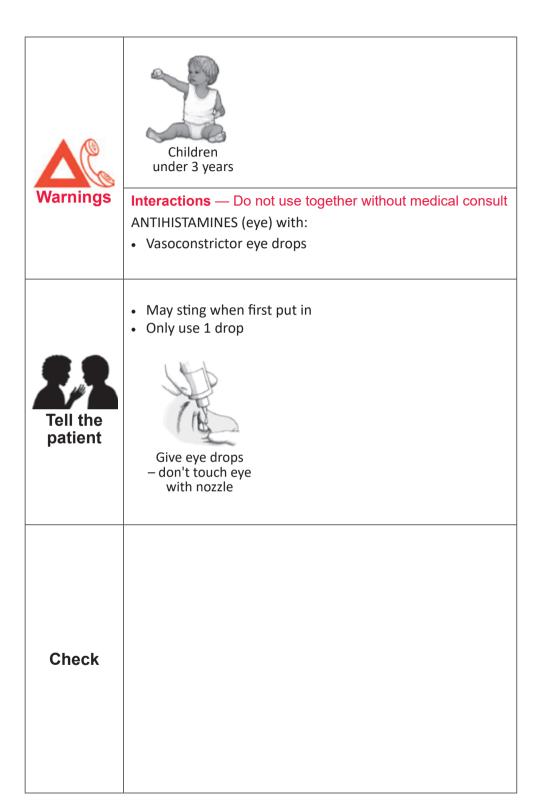
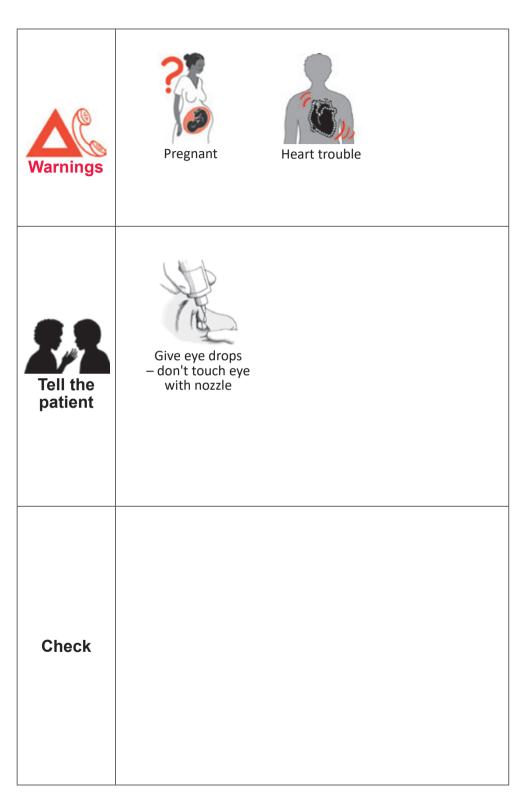
ACETAZOLAMIDE (a-seet-a-zole-a-mide) Common brands include: Diamox, Glaumox **Active** ingredients (generic names) • Acute glaucoma (CARPA STM p353) What it is used for • Reduces eye (intraocular) pressure by How it reducing production of fluid (aqueous works humour) in the eye • Tingling (paraesthesia) in hands, face, feet • Problems with sex (eg low sex drive) • Bitter or metallic taste Metabolic acidosis, changes in body salts (electrolytes) Side Depression Sleepy Diarrhoea effects Abdominal Nausea and Kidney trouble kidney stones vomiting pain



Active ingredients (generic names)	KETOTIFEN (key-to-tif-fen) Common brands include: Zaditen OLOPATADINE (oh-loe-pa-ta-deen) Common brands include: Patanol Other antihistamines (eye) Not included in this monograph — see AMH for information: Azelastine Levocabastine
What it is used for	 Allergic conjunctivitis (CARPA STM p348) Fly bite (CARPA STM p351)
How it works	 Histamines produced by the body cause most allergy symptoms. Antihistamines can Block the action of histamine by binding to histamine receptors. Ketotifen and olopatadine bind to H₁ receptors (selective H₁ antagonists) Stabilising the mast cells that produce histamines — reducing the amount of histamine released
Side effects	 Mild eye irritation, stinging when put in Dry eye (olopatadine) Engorgement or inflammation of the eye (olopatadine) Headache



APRACLONIDINE (a-pra-clar-ni-deen) Common brands include: Iopidine **Active** ingredients (generic names) Other alpha, agonists Not included in this monograph — see *AMH* for information: • Brimonidine (eye) Glaucoma What it is Acute (CARPA STM p353) used for Chronic • Reduces eye (intraocular) pressure by How it reducing production and increasing outflow works of fluid (aqueous humour) in eye Eye irritation Dry mouth and nose Taste disturbance Side effects



Active ingredients (generic names)	CHLORAMPHENICOL (clor-am-fen-i-col) Common brands include: Chlorsig
What it is used for	 Eye infections — pus in eyes and eyelids stuck together in morning Bacterial conjunctivitis (CARPA STM p348) Eye surface ulcer or infection (CARPA STM p349) Prevent eye infections if Eye damaged Something in eye (CARPA STM p354) Flash burn (CARPA STM p357)
How it works	 Kills bacteria that causes some common eye infections Can be used as drops or ointment
Side effects	 Bad taste if drops run into back of mouth Ointment can sting — need to close eyes for 5 minutes





Medical consult

if infection only in one eye OR if not better at end of usual treatment time

Do not use on other people, you might give them your infection



Take back to clinic after 1 month – will be out of date



Return to clinic if not better at end of treatment time

Drops

- Only use 1 drop
- Press inside corner of eye to stop drops running into mouth so you don't get bad taste





Give eye drops
– don't touch eye with nozzle

Ointment

Lasts longer but can make vision blurry for a short time



Pull bottom eyelid down and put thin layer of ointment along the inside. Don't touch eye with nozzle

Apply eye ointment

Warning stickers (p298): 7b

Check

 Follow-up when treatment finished to make sure infection is gone. If not — medical consult

Active ingredients (generic names)	DEXAMETHASONE (dex-a-meth-a-sone) Common brands include: Maxidex PREDNISOLONE 1% + PHENYLEPHRINE 0.12% (pred-nis-o-lone + fen-al-ef-rine) Common brands include: Prednefrin Forte Other corticosteroids (eye) Not included in this monograph — see AMH for information: Fluorometholone Hydrocortisone (eye)
What it is used for	 Prednisolone (eye) Acute glaucoma (CARPA STM p353) Allergic and inflammatory conditions of the eye
How it works	 Corticosteroid reduces body's inflammatory response, reducing pain and swelling Vasoconstrictor (phenylephrine) narrows small blood vessels in eye, reduces redness and pain
Side effects	 Eye damage can occur with longer term use Do not use for more than 2 weeks without supervision by ophthalmologist





Pregnant
– if needed for
more than 5 days
(phenylephrine)



Babies under 6 months (prednisolone 1% + phenylephrine 0.12%)





Children (dexamethasone)



Eye trouble – infection



Tell the patient



Give eye drops – don't touch eye with nozzle

Check

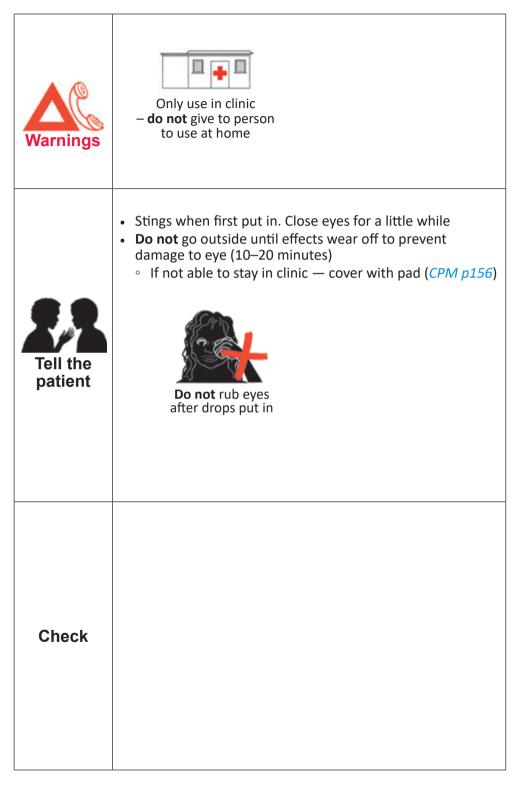
EYE LUBRICANTS (loo-bri-cants) Common brands include: Methopt, Poly-Tears, Polyvisc Active Common name: artificial tears ingredients (generic names) • Lubricant drops may contain: carmellose, hypromellose, hydroxyethylcellulose, polyvinyl alcohol, polyethylene glycol, propylene glycol, sodium hyaluronate • Ointments may contain: paraffin, wool fat (lanolin) • Conjunctivitis — allergic and viral (CARPA STM p348) • Dry eye (CARPA STM p346) What it is • Fly bite (CARPA STM p351) used for Mild eye irritation (eg dust) Works like tears to soothe dry eyes How it works Side effects Eye irritation - if allergic to preservative in drops or ointment

• Consider cause of sore eyes — damage, infection, chronic disease, medicines (eg benzatropine, ipratropium) Medical consult if needed for more than a short time • **Do not** share with other people. If you have an infection you will pass it on · Use as often as needed patient Give eye drops Take back to clinic Return to clinic don't touch eye after 1 month if needed for more – will be out of date with nozzle than a short time Warning stickers (p298): 7a or 7b • Check for cause of irritation — see Warnings (above) Check

Active ingredients (generic names)	FLUORESCEIN (floor-res-sin) Common brands include: Fluorets, Minims fluorescein sodium eye drops Other stains (eye) Not included in this monograph — see AMH for information: Lissamine green Rose bengal Local anaesthetic and stain combinations (eye) Not included in this monograph — see AMH for information: Lidocaine (lignocaine) + fluorescein
What it is used for	 Finding damage on eye surface (CPM p154) Dry eye (CARPA STM p346) Eye assessment (CARPA STM p343) Ulcers or infection (CARPA STM p349)
How it works	Colours damaged or injured parts of eye surface so they can be seen
Side effects	Skin around eye may go yellow, but this washes off Nasal discharge or tears may change colour

Warnings	Only use in clinic do not give to person to use at home
Tell the patient	 Might sting when drops go in Has no effect apart from helping to see damage
Check	

Active ingredients (generic names)	OXYBUPROCAINE (oxy-bu-pro-cane) Common brands include: Minims benoxinate, Minims oxyburprocaine TETRACAINE (AMETHOCAINE) (tet-ra-cane [a-meth-o-cane]) Common brands include: Minims amethocaine, Minims tetracaine Other local anaesthetics (eye) Not included in this monograph — see AMH for information: • Proxymetacaine
What it is used for	 Numbing the eye to Check for injury (CARPA STM p344) Do double eversion of eyelid (CPM p153) Examine flash burns (CARPA STM p357) Remove foreign body (CPM p154) Wash out burning chemical (CPM p151) Removing tick from ear (CPM p275)
How it works	Blocks nerves in eye so pain messages can't be sent to brain
Side effects	Tiny ulcers (sores) on eyes if used too much



	NAPHAZOLINE (na-faz-o-leen)
Active ingredients (generic names)	Common brands include: Albalon, Naphcon, Visine
	Other vasocontrictors/decongestants (eye) Not included in this monograph — see AMH for information: • Phenylephrine • Tetrahydrozoline (tetryzoline)
	Decongestant & antihistamine (eye) combinations
	 Not included in this monograph — see AMH for information: Naphazoline + antazoline (eg Albalon-A) Naphazoline + pheniramine (eg Naphcon-A, Visine Allergy)
	with Antihistamine)
What it is used for	 Allergic reaction to pollens, smoke, dust, insect bites (with antihistamine) Sore, red, itchy eyes with no pus
How it works	Narrows small blood vessels in eye, reduces redness and pain
Side effects	 Stinging when drops put in Redness may come back after drops wear off

• Do not use eye decongestant for more than 5 days







Medical consult if eyes no better after 2 days

- May sting when drops go in
- · Only use 1 drop



Give eye drops

– don't touch eye
with nozzle



Take back to clinic after 1 month – will be out of date



Tell the patient



Return to clinic if needed for more than 5 days

Check

- Is eye infected
- Is something (foreign body) in eye (*CARPA STM p354*) causing irritation

Active ingredients (generic names)	TIMOLOL (tim-ol-ol) Common brands include: Nygel, Tenopt, Timoptol Other beta-blockers (eye) Not included in this monograph — see AMH for information: • Betaxolol
What it is used for	 Acute glaucoma (CARPA STM p353) High BP (hypertension) in the eye
How it works	Reduces production of fluid (aqueous humour) in eye
Side effects	Stinging when drops put in Slow pulse (heart rate) Blurred vision

