

<p><b>Active ingredients</b> (generic names)</p>	<p><b>DIAZEPAM</b> (dye-az-e-pam) <b>Common brands include:</b> <i>Antenex, Valium, Valpam</i></p> <p><b>TEMAZEPAM</b> (te-maz-e-pam) <b>Common brands include:</b> <i>Normison, Temaze, Temtabs</i></p>  <p><b>Other benzodiazepines (psychotropic)</b> Not included in this monograph — see <i>AMH</i> for information:</p> <ul style="list-style-type: none"> <li>• Alprazolam</li> <li>• Clonazepam</li> <li>• Lorazepam</li> <li>• Nitrazepam</li> <li>• Oxazepam</li> </ul>
<p><b>What it is used for</b></p>	<ul style="list-style-type: none"> <li>• Anxiety disorders</li> <li>• Acute behavioural disturbances</li> <li>• <b>Depression</b> (<i>CARPA STM p203</i>)</li> <li>• <b>Drug withdrawal</b> <ul style="list-style-type: none"> <li>◦ <b>Alcohol withdrawal</b> (<i>CARPA STM p212</i>)</li> <li>◦ <b>Cannabis withdrawal</b> (<i>CARPA STM p219</i>)</li> <li>◦ <b>Volatile substance withdrawal</b> (<i>CARPA STM p228</i>)</li> </ul> </li> <li>• Insomnia — to help patient sleep (temazepam)</li> <li>• <b>Sedation</b> in a mental health emergency (<i>CARPA STM p193</i>)</li> </ul>
<p><b>How it works</b></p>	<ul style="list-style-type: none"> <li>• Acts on specific place (receptor) in brain and makes person feel calm, sleepy, relaxed, less worried</li> </ul> 
<p><b>Side effects</b></p>	<ul style="list-style-type: none"> <li>• Memory loss</li> <li>• Slurred speech</li> <li>• Unsteady on feet or dizzy — risk of falls (especially old people)</li> <li>• Irritability and hyperactivity (mainly children and old people)</li> </ul>  <p>Sleepy                      Confusion                      Breathing trouble – may be slow</p>

 <p><b>Warnings</b></p>	<ul style="list-style-type: none"> <li>If person has been taking benzodiazepines for a long time, stopping suddenly can cause serious withdrawal symptoms</li> </ul> <div style="display: flex; justify-content: space-around; text-align: center;"> <div data-bbox="489 251 586 409"></div> <div data-bbox="714 251 824 409"></div> <div data-bbox="940 251 1088 409"></div> </div> <div style="display: flex; justify-content: space-around; text-align: center; margin-top: 10px;"> <div data-bbox="483 482 592 637"></div> <div data-bbox="714 482 824 637"></div> <div data-bbox="953 482 1075 637"></div> </div> <p><b>Interactions — Do not use together without medical consult</b></p> <ul style="list-style-type: none"> <li>Benzodiazepines interact with a lot of different medicines — always check with doctor or pharmacist before adding another medicine</li> </ul>
 <p><b>Tell the patient</b></p>	<ul style="list-style-type: none"> <li>This medicine is only for short-term use and needs to be used as part of a plan (talk about plan with patient)</li> <li>If taken regularly for more than 2–4 weeks it will not work as well. You may become addicted</li> </ul> <div style="display: flex; justify-content: space-around; text-align: center; margin-top: 20px;"> <div data-bbox="521 1082 676 1219"></div> <div data-bbox="792 1082 946 1228"></div> </div> <div style="display: flex; justify-content: space-around; text-align: center; margin-top: 10px;"> <div data-bbox="483 1237 714 1328"><p><b>Do not drive or operate machinery if sleepy</b></p></div> <div data-bbox="785 1237 953 1301"><p><b>Do not drink alcohol (grog)</b></p></div> </div>
<p><b>Check</b></p>	<p><b>Warning stickers (p298):</b> 1 or 1a, 9</p> <ul style="list-style-type: none"> <li>Look for cause of symptoms</li> <li>Remember to sign the drug register</li> </ul>

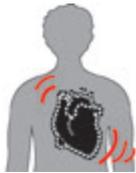
<p><b>Active ingredients</b> (generic names)</p>	<p><b>DROPERIDOL</b> (dro-per-i-dol) <b>Common brands include:</b> <i>Droleptan</i></p>  <p><b>HALOPERIDOL</b> (hal-o-per-i-dol) <b>Common brands include:</b> <i>Serenace, Haldol</i></p> <p>Haloperidol — long-acting depot injection available if people can't take tablets every day.</p> <p><b>Other typical antipsychotics</b> Not included in this monograph — see <i>AMH</i> for information:</p> <ul style="list-style-type: none"> <li>• Chlorpromazine</li> <li>• Fluphenazine</li> <li>• Flupenthixol</li> <li>• Pericyazine</li> <li>• Trifluoperazine</li> <li>• Zuclopenthixol</li> </ul>
<p><b>What it is used for</b></p>	<ul style="list-style-type: none"> <li>• Agitation due to alcohol withdrawal (haloperidol with benztropine)</li> <li>• <b>Psychotic symptoms</b> in mental health emergency (haloperidol with benztropine) (<a href="#">CARPA STM p194</a>)</li> <li>• Schizophrenia, perinatal psychosis, conduct disorder, agitation due to dementia (short-term use only)</li> </ul>
<p><b>How it works</b></p>	<ul style="list-style-type: none"> <li>• When people behave in strange or violent ways, or think strange thoughts, a brain chemical (dopamine) can be out of balance. Sometimes this is caused by using alcohol, cannabis, or sniffing volatile substances</li> <li>• Antipsychotics can help bring back the balance by blocking dopamine. This helps the patient deal with these thoughts and behaviours and get healthy</li> </ul>
<p><b>Side effects</b></p>	<ul style="list-style-type: none"> <li>• Problems with sex (eg decreased sex drive)</li> <li>• Strange uncontrollable movements of mouth, eyes, head or body</li> </ul> <div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="text-align: center; margin: 10px;">  <p>Sleepy</p> </div> <div style="text-align: center; margin: 10px;">  <p>Dizzy</p> </div> <div style="text-align: center; margin: 10px;">  <p>Dry mouth</p> </div> <div style="text-align: center; margin: 10px;">  <p>Blurred vision</p> </div> <div style="text-align: center; margin: 10px;">  <p>Constipation</p> </div> <div style="text-align: center; margin: 10px;">  <p>Weight gain</p> </div> </div>

 <p><b>Warnings</b></p>	<ul style="list-style-type: none"> <li>• <b>Do not</b> put person on stomach after giving <b>haloperidol</b> — risk of throat (laryngeal) spasm</li> <li>• Parkinson's disease</li> <li>• Diabetes</li> </ul> <div style="display: flex; justify-content: space-around; text-align: center;"> <div data-bbox="444 327 547 482">  <p>Pregnant</p> </div> <div data-bbox="695 327 785 482">  <p>Children</p> </div> <div data-bbox="908 327 1056 482">  <p>Old people</p> </div> </div> <div style="display: flex; justify-content: space-around; text-align: center; margin-top: 10px;"> <div data-bbox="444 555 547 700">  <p>Liver trouble</p> </div> <div data-bbox="689 555 805 700">  <p>Heart trouble</p> </div> <div data-bbox="882 591 1075 682">  <p>People who have fits</p> </div> </div>
	<p><b>Interactions</b> — <b>Do not use together without medical consult</b></p> <ul style="list-style-type: none"> <li>• Antipsychotics interact with a lot of different medicines — always check with doctor or pharmacist before adding another medicine</li> </ul>
 <p><b>Tell the patient</b></p>	<ul style="list-style-type: none"> <li>• Take tablets every day, or come to clinic for regular injections, to prevent symptoms coming back</li> <li>• <b>Do not</b> use cannabis (gunja)</li> </ul> <div style="display: flex; justify-content: space-around; text-align: center; margin-top: 10px;"> <div data-bbox="457 1092 579 1246">  <p>Return to clinic if strange body movements</p> </div> <div data-bbox="676 1101 837 1228">  <p><b>Do not</b> drive or operate machinery if sleepy or blurred vision</p> </div> <div data-bbox="920 1101 1075 1237">  <p><b>Do not</b> drink alcohol (grog)</p> </div> </div>
<p><b>Check</b></p>	<p><b>Warning stickers</b> (<a href="#">p298</a>): 1, haloperidol also 16</p> <ul style="list-style-type: none"> <li>• Long-acting (depot) antipsychotic injections need to be stored and given correctly. Check you know what is needed for the medicine you are giving</li> <li>• Do combined checks for chronic diseases (<a href="#">CARPA STM p239</a>), and put on recall list</li> </ul>

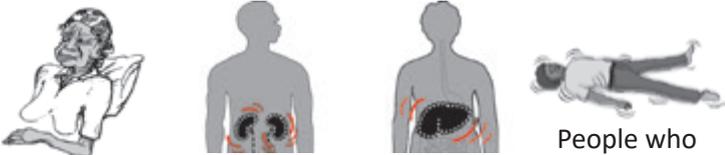
<p><b>Active ingredients</b> (generic names)</p>	<p><b>MIRTAZAPINE</b> (mir-taz-a-peen)  <b>Common brands include:</b> <i>Axit, Avanza, Mirtazon</i></p> 
<p><b>What it is used for</b></p>	<ul style="list-style-type: none"> <li>• <b>Major depression</b> (<i>CARPA STM p204</i>)</li> <li>• Helping people with depression to sleep</li> </ul>
<p><b>How it works</b></p>	<ul style="list-style-type: none"> <li>• Blocks specific receptors in the brain to improve the effects of serotonin and noradrenaline             <ul style="list-style-type: none"> <li>◦ Serotonin helps control mood, emotions, eating and sleep</li> <li>◦ Noradrenaline helps control energy, motivation, alertness and sleep</li> </ul> </li> <li>• People who are depressed and sad may not have enough of these</li> <li>• Mirtazepine stops serotonin and noradrenaline going inside nerve cells so there is more left in the brain to help patient with building spirit and being strong again</li> </ul>
<p><b>Side effects</b></p>	<div style="display: flex; justify-content: space-around; align-items: flex-end;"> <div style="text-align: center;">  <p>Weight gain</p> </div> <div style="text-align: center;">  <p>Sleepy</p> </div> <div style="text-align: center;">  <p>Swollen ankles</p> </div> </div>

 <p><b>Warnings</b></p>	<ul style="list-style-type: none"> <li>• Bipolar disorder</li> </ul> <div style="display: flex; justify-content: space-around; align-items: flex-end;"> <div style="text-align: center;">  <p>Pregnant</p> </div> <div style="text-align: center;">  <p>Breastfeeding</p> </div> <div style="text-align: center;">  <p>People who have fits</p> </div> <div style="text-align: center;">  <p>Children and teenagers</p> </div> </div> <p><b>Interactions — Do not use together without medical consult</b></p> <p>MIRTAZAPINE with:</p> <ul style="list-style-type: none"> <li>• Carbamazepine</li> <li>• Fluvoxamine</li> <li>• Phenytoin</li> </ul>
 <p><b>Tell the patient</b></p>	<ul style="list-style-type: none"> <li>• May take about 4 weeks for full effect, but you should start to feel a bit better after 1–2 weeks</li> <li>• <b>Do not</b> stop medicine suddenly — may get withdrawal symptoms. See <i>AMH</i> for details</li> </ul> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p><b>Do not</b> stop taking medicine</p> </div> <div style="text-align: center;">  <p><b>Do not</b> drink alcohol (grog) – medicine increases effects</p> </div> </div> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 20px;"> <div style="text-align: center;">  <p><b>Do not</b> drive or operate machinery if sleepy</p> </div> <div style="text-align: center;">  <p>Return to clinic if you feel worse</p> </div> </div>
	<p><b>Warning stickers (p298):</b> 1, 9, 13, non-disintegrating tablet also A</p>
<p><b>Check</b></p>	<ul style="list-style-type: none"> <li>• Review patient after first few weeks of treatment, especially if young</li> <li>• Mental health assessment (<i>CPM p112</i>)</li> </ul>

<p><b>Active ingredients</b> (generic names)</p>	<p><b>NICOTINE</b> (nic-o-teen) – for nicotine replacement therapy (NRT)  <b>Common brands include:</b> <i>Nicabate, Nicorette, QuitX</i></p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 5px; margin: 2px;">Gum</div> <div style="border: 1px solid black; padding: 5px; margin: 2px;">Lozenge</div> <div style="border: 1px solid black; padding: 5px; margin: 2px;">Inhaler</div>  </div>
<p><b>What it is used for</b></p>	<ul style="list-style-type: none"> <li>• <b>Stopping smoking</b> (<i>CARPA STM p223</i>)             <ul style="list-style-type: none"> <li>◦ Person should also have counselling</li> </ul> </li> </ul>
<p><b>How it works</b></p>	<ul style="list-style-type: none"> <li>• Nicotine (in gum, skin patch etc) is released into blood stream and goes to nicotine receptors in brain. Replaces nicotine usually supplied by smoking cigarettes and helps reduce withdrawal symptoms and craving</li> <li>• Nicotine is an addictive drug but small amounts are less dangerous to body than inhaling cigarette smoke</li> </ul> 
<p><b>Side effects</b></p>	<ul style="list-style-type: none"> <li>• Usually mild and don't last long</li> <li>• Vivid dreams</li> </ul> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 20px;"> <div style="text-align: center;">  <p>Dizzy</p> </div> <div style="text-align: center;">  <p>Headache</p> </div> <div style="text-align: center;">  <p>Nausea and vomiting</p> </div> </div>

 <p><b>Warnings</b></p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>Heart trouble</p> </div> <div style="text-align: center;">  <p>Stomach trouble</p> </div> <div style="text-align: center;">  <p>Asthma – don't use nicotine inhaler</p> </div> </div> <ul style="list-style-type: none"> <li>• Sore throat — use skin patches not oral forms of NRT</li> <li>• Skin trouble — don't use skin patches</li> <li>• Not for long-term use</li> </ul> <p><b>Interactions — Do not use together without medical consult</b>  <b>NICOTINE with:</b></p> <ul style="list-style-type: none"> <li>• Cigarette smoking</li> </ul>
 <p><b>Tell the patient</b></p>	<ul style="list-style-type: none"> <li>• <b>Do not</b> smoke — you will get too much nicotine, you will feel sick and your heart will beat too fast</li> <li>• <b>Do not</b> use gum if you have dentures. Use lozenge or skin patch</li> <li>• If pregnant — gum or inhaler best. If using skin patch — take off at night</li> <li>• Make sure you use medicine properly             <ul style="list-style-type: none"> <li>◦ Gum — chew slowly for about 30 minutes (rest gum between teeth and cheek when not chewing)</li> <li>◦ Skin patch (<a href="#">CPM p343</a>) — put on clean dry skin on upper body or outer arm</li> <li>◦ Lozenge — <b>do not</b> swallow or chew, let it dissolve in your mouth (takes about 30 minutes). <b>Do not</b> eat or drink during this time</li> <li>◦ Sublingual tablet — place 1–2 tablets under tongue and let them dissolve slowly</li> <li>◦ Inhaler — takes about 20 minutes of puffing to work properly</li> </ul> </li> </ul> <div style="text-align: center;">  <p>Return to clinic if you feel unwell – may need dose reduced</p> </div> <p><b>Warning stickers (<a href="#">p298</a>):</b> 21 (patches)</p>
<p><b>Check</b></p>	

<p><b>Active ingredients</b> (generic names)</p>	<p><b>OLANZAPINE</b> (o-lan-za-peen)  <b>Common brands include:</b> <i>Zyprexa</i></p> <p><b>PALIPERIDONE</b> (pal-ee-per-i-done)  <b>Common brands include:</b> <i>Invega, Invega Sustenna</i></p> <p><b>RISPERIDONE</b> (ris-per-i-done)  <b>Common brands include:</b> <i>Risperdal Consta</i></p>  <p><b>Other atypical antipsychotics</b>          Not included in this monograph — see <i>AMH</i> for information:</p> <ul style="list-style-type: none"> <li>• Amisulpride</li> <li>• Quetiapine</li> <li>• Aripiprazole</li> <li>• Sertindole</li> <li>• Clozapine</li> <li>• Ziprasidone</li> </ul>
<p><b>What it is used for</b></p>	<ul style="list-style-type: none"> <li>• <b>Agitation due to withdrawal</b> <ul style="list-style-type: none"> <li>◦ Amphetamines (<a href="#">CARPA STM p216</a>), cannabis (<a href="#">CARPA STM p219</a>), volatile substance misuse (<a href="#">CARPA STM p228</a>) (olanzapine)</li> </ul> </li> <li>• <b>Psychotic symptoms</b> in mental health emergency (olanzapine or risperidone) (<a href="#">CARPA STM p194</a>)</li> <li>• Schizophrenia, bipolar disorder, perinatal psychosis, conduct disorder, agitation due to dementia (short-term use only)</li> <li>• <b>Sedation</b> in mental health emergency (olanzapine) (<a href="#">CARPA STM p193</a>)</li> </ul>
<p><b>How it works</b></p>	<ul style="list-style-type: none"> <li>• When people behave in strange or violent ways, or think strange thoughts, a brain chemical (dopamine) can be out of balance. Sometimes this is caused by using alcohol, cannabis, or sniffing volatile substances</li> <li>• Antipsychotics can help bring back the balance by blocking dopamine. This helps the person deal with these thoughts and behaviours and get healthy</li> </ul> 
<p><b>Side effects</b></p>	 <p>Dizzy when standing up</p>  <p>Sleepy</p>  <p>Trouble sleeping</p>  <p>Anxiety (worry)</p>  <p>Headache</p>  <p>Weight gain</p>

 <p><b>Warnings</b></p>	<ul style="list-style-type: none"> <li>• Parkinson's disease (olanzapine)</li> <li>• Type 2 diabetes (olanzapine)</li> </ul>  <p>Old people – low dose and only short-term</p> <p>Kidney trouble – may need lower dose</p> <p>Liver trouble</p> <p>People who have fits (olanzapine)</p> <p><b>Interactions — Do not use together without medical consult</b></p> <ul style="list-style-type: none"> <li>• Antipsychotics interact with a lot of different medicines — always check with doctor or pharmacist before adding another medicine</li> </ul>
 <p><b>Tell the patient</b></p>	<ul style="list-style-type: none"> <li>• Take tablets every day, or come to clinic for regular injections, to prevent symptoms coming back</li> <li>• <b>Do not</b> use cannabis (gunja)</li> </ul>  <p><b>Do not</b> drink alcohol (grog)</p> <p><b>Do not</b> drive or operate machinery if sleepy or dizzy</p> <p>Return to clinic if strange body movements</p> <p><b>Warning stickers (p298):</b> Olanzapine 1, 8, 16, wafers also 13          Paliperidone 1, 16, A          Risperidone 1, 16, A          Risperidone wafers 1, 13, 16</p>
<p><b>Check</b></p>	<ul style="list-style-type: none"> <li>• Long-acting (depot) antipsychotic injections need to be stored and given correctly. Check you know what is needed for the medicine you are giving</li> <li>• Do combined checks for chronic diseases (<a href="#">CARPA STM p239</a>), and put on recall list</li> </ul>  <p>Weight</p> <p>Blood test</p> <p>Check liver function tests (LFT), FBC</p>

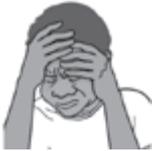
<p><b>Active ingredients</b> (generic names)</p>	<p><b>DESVENLAFAXINE</b> (des-ven-la-fax-een)  <b>Common brands include:</b> <i>Desfax, Pristiq</i></p> <p><b>VENLAFAXINE</b> (ven-la-fax-een)  <b>Common brands include:</b> <i>Altven, Efexor-XR, Venla</i>  <b>Common name:</b> SNRIs</p> <p><b>Other SNRIs</b>                  Not included in this monograph — see <i>AMH</i> for information:</p> <ul style="list-style-type: none"> <li>• Duloxetine</li> </ul>
<p><b>What it is used for</b></p>	<ul style="list-style-type: none"> <li>• <b>Major depression</b> (<i>CARPA STM p203</i>)</li> <li>• Other stress related conditions (eg anxiety, panic disorder)</li> </ul>
<p><b>How it works</b></p>	<ul style="list-style-type: none"> <li>• Serotonin and noradrenaline are chemicals in the brain                         <ul style="list-style-type: none"> <li>◦ Serotonin helps control mood, emotions, eating, sleep</li> <li>◦ Noradrenaline helps control energy, motivation, alertness, sleep</li> </ul> </li> <li>• People who are depressed and sad might not have enough of these</li> <li>• SNRIs stop serotonin and noradrenaline going inside nerve cells so there are more left in the brain to help patient with building spirit and being strong again</li> </ul>
<p><b>Side effects</b></p>	<ul style="list-style-type: none"> <li>• Problems with sex (eg low sex drive)</li> </ul> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;">  <p>Nausea and vomiting</p> </div> <div style="text-align: center;">  <p>Headache</p> </div> <div style="text-align: center;">  <p>Rash</p> </div> <div style="text-align: center;">  <p>Dizzy</p> </div> </div> <div style="display: flex; justify-content: space-around; align-items: flex-start; margin-top: 20px;"> <div style="text-align: center;">  <p>Sweating</p> </div> <div style="text-align: center;">  <p>Tremor</p> </div> <div style="text-align: center;">  <p>High BP</p> </div> </div>

 <p><b>Warnings</b></p>	<ul style="list-style-type: none"> <li>• Poisonous (toxic) in overdose — avoid use if high risk of overdose</li> <li>• Bipolar disorder</li> </ul> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;">  <p>Pregnant</p> </div> <div style="text-align: center;">  <p>Children</p> </div> <div style="text-align: center;">  <p>Kidney trouble</p> </div> <div style="text-align: center;">  <p>Liver trouble</p> </div> </div> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 20px;"> <div style="text-align: center;">  <p>High BP</p> </div> <div style="text-align: center;">  <p>People who have fits</p> </div> </div>
 <p><b>Tell the patient</b></p>	<ul style="list-style-type: none"> <li>• Swallow whole. <b>Do not</b> crush or chew sustained release (XR) capsules</li> <li>• May take about 4 weeks for full effect, but you should start to feel a bit better after 1–2 weeks</li> <li>• <b>Do not</b> stop medicine suddenly — you may get withdrawal symptoms (see <i>AMH</i> for details)</li> </ul> <div style="display: flex; justify-content: space-around; align-items: flex-start; margin-top: 20px;"> <div style="text-align: center;">  <p>Take with food or milk – so it doesn't make you feel sick</p> </div> <div style="text-align: center;">  <p><b>Do not</b> stop taking medicine</p> </div> <div style="text-align: center;">  <p><b>Do not</b> drink alcohol (grog)</p> </div> <div style="text-align: center;">  <p><b>Do not</b> drive or operate machinery if sleepy</p> </div> </div>
<p><b>Check</b></p>	<ul style="list-style-type: none"> <li>• Mental health assessment (<i>CPM p112</i>)</li> </ul> <div style="text-align: center; margin-top: 20px;">  <p>BP (especially venlafaxine)</p> </div>

<p><b>Active ingredients</b> (generic names)</p>	<p><b>CITALOPRAM</b> (si-tal-o-pram) <b>Common brands include:</b> <i>Celapram, Cipramil, Talam</i></p> <p><b>FLUOXETINE</b> (flu-ox-e-teen) <b>Common brands include:</b> <i>Auscap, Lovan, Prozac, Zantin</i></p> <p><b>FLUVOXAMINE</b> (flu-vox-a-mine) <b>Common brands include:</b> <i>Faverin, Luvox, Movox, Voxam</i></p> <p><b>PAROXETINE</b> (par-ox-e-teen) <b>Common brands include:</b> <i>Aropax, Extine, Paxtine, Roxet</i></p> <p><b>SERTRALINE</b> (ser-tra-leen) <b>Common brands include:</b> <i>Sertra, Xydep, Zoloft</i></p>  <p><b>Common name:</b> SSRIs</p> <p><b>Other SSRIs</b> Not included in this monograph — see <i>AMH</i> for information:</p> <ul style="list-style-type: none"> <li>• Escitalopram</li> </ul>
<p><b>What it is used for</b></p>	<ul style="list-style-type: none"> <li>• Anxiety disorders (eg obsessive compulsive disorder)</li> <li>• Bulimia nervosa</li> <li>• <b>Major depression</b> (<a href="#">CARPA STM p203</a>)</li> <li>• Perinatal anxiety and depression</li> <li>• Post-traumatic stress disorder</li> <li>• Premenstrual dysphoric disorder (fluoxetine, sertraline)</li> </ul>
<p><b>How it works</b></p>	<ul style="list-style-type: none"> <li>• Serotonin is a chemical in the brain. It helps control mood, emotions, eating and sleep. People who are depressed and sad may not have enough serotonin</li> <li>• SSRIs stop serotonin going inside nerve cells so there is more left in the brain to help patient with building spirit and being strong again</li> </ul> 
<p><b>Side effects</b></p>	<ul style="list-style-type: none"> <li>• Agitation</li> <li>• Problems with sex (eg decreased sex drive)</li> </ul>  <p>Sleepy</p>  <p>Nausea</p>  <p>Diarrhoea</p>  <p>Trouble sleeping</p>

 <p><b>Warnings</b></p>	<ul style="list-style-type: none"> <li>• Bipolar disorder</li> <li>• People at high risk of bleeding</li> </ul> <div style="display: flex; justify-content: space-around; align-items: flex-end;"> <div style="text-align: center;">  <p>Pregnant</p> </div> <div style="text-align: center;">  <p>Children and teenagers</p> </div> <div style="text-align: center;">  <p>Liver trouble</p> </div> <div style="text-align: center;">  <p>People who have fits</p> </div> </div> <p><b>Interactions — Do not use together without medical consult</b></p> <ul style="list-style-type: none"> <li>• SSRIs interact with a lot of different medicines — always check with doctor or pharmacist before adding another medicine</li> </ul>
 <p><b>Tell the patient</b></p>	<ul style="list-style-type: none"> <li>• May take about 4 weeks for full effect, but you should start to feel a bit better after 1–2 weeks</li> <li>• <b>Do not</b> stop medicine suddenly — you may get withdrawal symptoms (see <i>AMH</i> for details)</li> <li>• Make sure you tell other doctors or health people you are taking this medicine</li> </ul> <div style="display: flex; justify-content: space-around; align-items: flex-end;"> <div style="text-align: center;">  <p><b>Do not</b> drive or operate machinery if sleepy</p> </div> <div style="text-align: center;">  <p><b>Do not</b> drink alcohol (grog)</p> </div> <div style="text-align: center;">  <p><b>Do not</b> stop taking medicine</p> </div> </div> <div style="text-align: center; margin-top: 20px;">  <p>Return to clinic if you feel strange after starting medicine</p> </div> <p><b>Warning stickers (p298):</b> 5, 9, 12</p>
<p><b>Check</b></p>	<ul style="list-style-type: none"> <li>• Mental health assessment after 2 weeks of treatment (<i>CPM p112</i>)</li> </ul>

<p><b>Active ingredients</b> (generic names)</p>	<p><b>VARENICLINE</b> (ver-en-e-kleen)  <b>Brand names:</b> <i>Champix</i></p> 
<p><b>What it is used for</b></p>	<ul style="list-style-type: none"> <li>• <b>Stopping smoking</b> (<i>CARPA STM p223</i>) <ul style="list-style-type: none"> <li>◦ Person should also have counselling</li> </ul> </li> </ul>
<p><b>How it works</b></p>	<ul style="list-style-type: none"> <li>• Stops nicotine binding to nicotine receptors in brain so smoking is no longer enjoyable, reduces withdrawal symptoms</li> </ul> 
<p><b>Side effects</b></p>	<ul style="list-style-type: none"> <li>• Side effects may be caused by giving up smoking, not by medicine</li> <li>• Indigestion</li> </ul> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;">  <p>Nausea and vomiting</p> </div> <div style="text-align: center;">  <p>Trouble sleeping</p> </div> <div style="text-align: center;">  <p>Constipation</p> </div> </div> <div style="display: flex; justify-content: space-around; align-items: flex-start; margin-top: 20px;"> <div style="text-align: center;">  <p>Dizzy</p> </div> <div style="text-align: center;">  <p>Headache</p> </div> </div>

 <p><b>Warnings</b></p>	 <p>Pregnant</p>  <p>Breastfeeding</p>  <p>Kidney trouble</p>  <p>Mental health problems</p>  <p><b>Medical consult</b> if depressed or suicidal thoughts</p>
 <p><b>Tell the patient</b></p>	<p><b>Interactions</b> — Do not use together without medical consult</p> <p>VARENICLINE with:</p> <ul style="list-style-type: none"> <li>Nicotine replacement therapy (NRT – eg gum, skin patches) — may increase risk of nausea and other side effects</li> <li>Medicines that increase the risk of a fit (seizure). Includes antipsychotics, antidepressants (see AMH or ask doctor or pharmacist)</li> </ul> <ul style="list-style-type: none"> <li>Start taking medicine 7 days before you plan to stop smoking</li> <li><b>Do not</b> stop taking medicine suddenly. Need to stop gradually for it to work properly and so you won't feel sick</li> <li><b>Do not</b> crush or chew tablets</li> <li><b>Do not</b> use nicotine replacement therapy (NRT) (p264)</li> </ul>  <p><b>Do not</b> drink alcohol (grog) – makes side effects worse</p>  <p><b>Do not</b> drive or operate machinery if sleepy or dizzy</p>  <p>Return to clinic if nausea that doesn't go away or gets worse OR you feel agitated or depressed</p>
	<p><b>Warning stickers</b> (p298): 12, 13, A, B</p>
<p><b>Check</b></p>	