





























<p>Active ingredients (generic names)</p>	<p>SILDENAFIL (sil-den-a-fil) Common brands include: <i>Silaran, Viagra Revatio</i> TADALAFIL (ta-dal-a-fil) Common brands include: <i>Cialis</i> VARDENAFIL (var-den-a-fil) Common brands include: <i>Levitra</i></p> 
<p>What it is used for</p>	<ul style="list-style-type: none"> • Erectile dysfunction • Pulmonary arterial hypertension (sildenafil)
<p>How it works</p>	<ul style="list-style-type: none"> • Chemical messengers increase flow of blood to penis during sexual stimulation and cause an erection. This medicine helps stops these messengers breaking down so that they work better to help erection • Helps open up blood vessels in lungs to reduce pressure in pulmonary hypertension 
<p>Side effects</p>	<div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="text-align: center;">  <p>Headache</p> </div> <div style="text-align: center;">  <p>Rash</p> </div> <div style="text-align: center;">  <p>Flushing</p> </div> <div style="text-align: center;">  <p>Dizzy</p> </div> </div>

 <p>Warnings</p>	<div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;">  <p>Old people – start with low dose</p> </div> <div style="text-align: center;">  <p>Kidney trouble</p> </div> <div style="text-align: center;">  <p>Liver trouble</p> </div> </div> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 20px;"> <div style="text-align: center;">  <p>Eye trouble</p> </div> <div style="text-align: center;">  <p>Heart failure</p> </div> </div> <p>Interactions — Do not use together without medical consult SILDENAFIL, TADALAFIL, VARDENAFIL with:</p> <ul style="list-style-type: none"> • Nitrates • Some medicines that lower BP (eg prazosin, tamsulosin, terazosin) <ul style="list-style-type: none"> ◦ Can take 4 hours before or after sildenafil, tadalafil ◦ Can take 6 hours before or after vardenafil
 <p>Tell the patient</p>	<ul style="list-style-type: none"> • Take sildenafil about 1 hour before you want it to work. May take longer to work if you take it with food • Take vardenafil 30–60 minutes before you want it to work • Take tadalafil 30 minutes to 12 hours before you want it to work • If taking sildenafil for pulmonary hypertension — must take it regularly as directed <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 20px;"> <div style="text-align: center;">  <p>Do not drive or operate machinery if dizzy or blurred vision</p> </div> <div style="text-align: center;">  <p>Return to clinic straight away if you can't see or hear properly</p> </div> </div>
	<p>Warning stickers (p298): 5, 16</p>
<p>Check</p>	<ul style="list-style-type: none"> • Does patient have any heart problems

<p>Active ingredients (generic names)</p>	<p>URINARY ALKALINISERS (ur-in-ary alk-al-in-i-sers) Common brands include: <i>Citravesent, Ural, Uricalm</i></p>  <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>May contain combinations of citric acid, tartaric acid, sodium bicarbonate, sodium citrate, sweetener.</p> </div>
<p>What it is used for</p>	<ul style="list-style-type: none"> • Relieving burning from infections of kidney, bladder, urine • Some types of kidney stones
<p>How it works</p>	<ul style="list-style-type: none"> • Decreases levels of acid in urine and relieves pain, burning and discomfort of urinary tract infections (UTIs) or infections of kidney or bladder • Doesn't kill bacteria that causes infection, but can help prevent UTIs 
<p>Side effects</p>	 <p>Diarrhoea</p>

 <p>Warnings</p>	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>Kidney trouble – do not use if fluid or salt overload a problem</p> </div> <div style="text-align: center;">  <p>Heart failure – do not use if fluid or salt overload a problem</p> </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p>High BP – do not use if fluid or salt overload a problem</p> </div> <div style="text-align: center;">  <p>Medical consult if needed for more than a short time</p> </div> </div>
<p>Interactions — Do not use together without medical consult</p> <p>URINARY ALKALINISERS with:</p> <ul style="list-style-type: none"> Nitrofurantoin 	
 <p>Tell the patient</p>	<ul style="list-style-type: none"> May make you pee more often <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p>Sachet – mix with glass of water before use</p> </div> <div style="text-align: center;">  <p>Return to clinic if needed for more than a short time</p> </div> </div>
<p>Check</p>	<ul style="list-style-type: none"> Test for diabetes if person gets lots of UTIs Check for signs of fluid or salt overload <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p>BP</p> </div> <div style="text-align: center;">  <p>Weight</p> </div> </div>