











<p>Active ingredients (generic names)</p>	<p>LIDOCAINE (LIGNOCAINE) (li-do-cane) Common brands include: <i>Lignocaine, Xylocaine</i></p> <p>LIDOCAINE (LIGNOCAINE) + ADRENALINE (EPINEPHRINE) (li-do-cane + a-dren-a-lin [ep-in-ef-rin]) Common brands include: <i>Xylocaine with Adrenaline</i></p> <p>LIDOCAINE (LIGNOCAINE) + PRILOCAINE (li-do-cane + pril-o-cane) Common brands include: <i>Emla</i></p> <p>Other local anaesthetics Not included in this monograph — see individual monograph or <i>AMH</i> for information:</p> <ul style="list-style-type: none"> • Bupivacaine • Cinchocaine • Cocaine • Prilocaine • Procaine • Ropivacaine • Tetracaine (amethocaine) (p186) 	    
<p>What it is used for</p>	<ul style="list-style-type: none"> • Acute heart arrhythmias (CARPA STM p13) • Insect in ear (CARPA STM p182) • Lessen pain of IM injections • Stop bleeding + adrenaline (epinephrine) — head injury (CARPA STM p79), nose bleed (CARPA STM p110) • Stop pain from <ul style="list-style-type: none"> ◦ Bite or sting — stonefish (CARPA STM p95), stingray (CARPA STM p96) ◦ Episiotomy — cutting (WBM p56), repairing (WBM p176) ◦ Ulcers (gel) — genital herpes (CARPA STM p289, WBM p257), mouth ulcers (CARPA STM p338) ◦ Wound management — cleaning (CARPA STM p83), closing (CARPA STM p87) <p>Note: Can use cream or gel on skin or in mouth but won't work as well as injection.</p>	
<p>How it works</p>	<ul style="list-style-type: none"> • Stops pain by blocking transfer of pain messages from skin to brain 	
<p>Side effects</p>	 <p>Rash</p>	

 <p>Warnings</p>	<ul style="list-style-type: none"> • Allergic reaction to local anaesthetics (ask patient/carer)  <p>Medical consult if you need to give more than once</p>
 <p>Tell the patient</p>	<ul style="list-style-type: none"> • Injection may sting a little at first
<p>Check</p>	<ul style="list-style-type: none"> • Lidocaine (lignocaine) + prilocaine (eg <i>Emla</i>) applied as patch or cream <ul style="list-style-type: none"> ◦ Cover cream with airtight (occlusive) dressing, leave on for 1 hour before procedure ◦ Effect lasts up to 2 hours